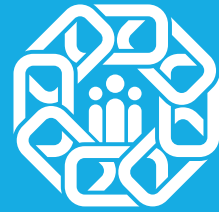


Whole System: Whole Heart



Cwm Taf Morgannwg
Partneriaeth | Regional
Rhanbarthol | Partnership



**Working together
for babies, children
and young people in
Cwm Taf Morgannwg**

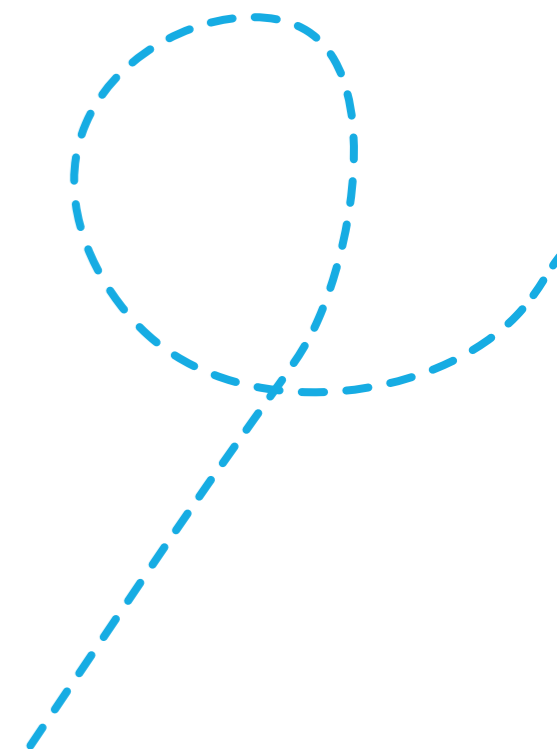
2025-2030 strategy





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Introduction

Welcome to 'Whole System: Whole Heart', our regional strategy to improve outcomes for babies, children, young people and their families living in Cwm Taf Morgannwg.

We believe every child deserves the chance to live a happy, healthy and secure life. Yet we recognise that children and young people growing up in Rhondda Cynon Taf, Bridgend and Merthyr Tydfil are experiencing poorer outcomes than in many other parts of Wales.

It is imperative we shift the current trends. By working together, we can tackle complex problems – shaping a fairer, more equal future for all children and families in our region.

Councillor Jane Gebbie,

Chair of the Cwm Taf Morgannwg Regional Partnership

and

Lisa Curtis-Jones,

Chair of the Regional Children's Programme Board

At the core of 'Whole System: Whole Heart' is a recognition of the value each individual can bring to transforming lives.

No single person or organisation can tackle the scale of the challenge alone. By recognising ourselves as part of one connected system - spanning health, social care, education, housing, the third sector, the police service and our communities - we're laying the foundations for a stronger, preventative, and more unified approach to improving outcomes.

At the heart are the voices of our babies, children, young people, and their families. We must create a culture of deep listening and understanding so we can ensure the right support begins from conception and continues through to early adulthood.

Our ambition is clear: to help every child realise their full potential and enjoy their fundamental rights as identified in the United Nations Conventions on the Rights of the Child (UNCRC) - access to education, healthcare, safety, play, privacy, family life, being heard, and freedom from discrimination.

We recognise that this will look different for every child. But our goal remains the same; to give each child the opportunity to thrive in school, live in a safe and secure home, and enjoy good mental wellbeing.

We would like to thank our partners across Cwm Taf Morgannwg - including parents, carers, children and young people - for their vital contributions to shaping this strategy.

Who we are

The Cwm Taf Morgannwg Regional Partnership (RP) is a health and social care partnership established under the Social Services and Wellbeing (Wales) Act 2014 to improve services and support in Rhondda Cynon Taf, Bridgend and Merthyr Tydfil (the Cwm Taf Morgannwg region).



300

We bring over 300 people together - from health, social care, education, the third sector, housing, and the community - so we can listen, learn, and work together using our different knowledge, experiences and skills.



We help commission projects through Welsh Government funding models that support people's health, wellbeing, and independence.



We support new ideas - trying out better ways of doing things and sharing what works, so everyone can benefit.



Read more about funding here.



Our vision

Making a difference to people's lives by **involving** them, **listening** and **taking action together** to **transform** the way services are delivered.



The Regional Children's Programme Board

We sit within the Regional Partnership structure and oversee the transformation, delivery and development of regional children's services and support.

Why we need our 'Whole System: Whole Heart' strategy

Children's lives are more complex and multi-faceted than ever before.

We recognise the importance of understanding the context of their lives to ensure we provide the right support, at the right time, in the right way. This will allow us to take an asset-based approach, building on 'what's strong' rather than solely focusing on 'what's wrong'.

We know areas of Rhondda Cynon Taf, Merthyr Tydfil and Bridgend experience some of the highest deprivation in Wales with 31% of children living in relative poverty. Therefore, a baby born in Cwm Taf Morgannwg today is likely to face social and health inequities – negatively informing their future health and economic status.

As research tells us, children's health and wellbeing outcomes are determined by their living conditions, relationships, the socio-demographics of their family, and access to good education, green spaces and safe and secure communities.

Children, young people and families have shared the importance of providing holistic support that considers the entire family unit and its interconnected challenges.

By observing and acting together as a whole system – recognising the interplay between health, social conditions and the environment – we can address the multi-faceted nature of both the challenges we want to address, and the solutions we want to enact.



National drivers and approaches

While this strategy aims to improve regional ways of working together, it is aligned with national drivers that have been established to create a more equitable Wales for babies, children, young people and families. These frameworks and principles provide clear benchmarks and guidance on how we can work together to create a robust system, underpinned by co-productive and trauma-informed practice.

The United Nations Conventions on the Rights of the Child, NYTH/NEST Framework and the No Wrong Door Approach consistently underpins our way of working.



The NYTH/NEST (Nurturing, Empowering, Safe and Trusted) framework

aims to create a whole-system approach to improving mental wellbeing. It is a tool used by those working in health and social care to assess how they are ensuring children's needs are at the heart of service planning and delivering.



'No Wrong Door' - an approach promoted by Welsh Government and the Children's Commissioner for Wales. It guarantees that every point of contact is the right one - removing barriers and promoting seamless access to support, with the view 'every interaction is an intervention'.



More information on supporting strategies and frameworks can be found on our website here.



Our approach

By focusing on prevention, this strategy helps services move beyond universal support and include early help approaches for children and families who may need extra provision.

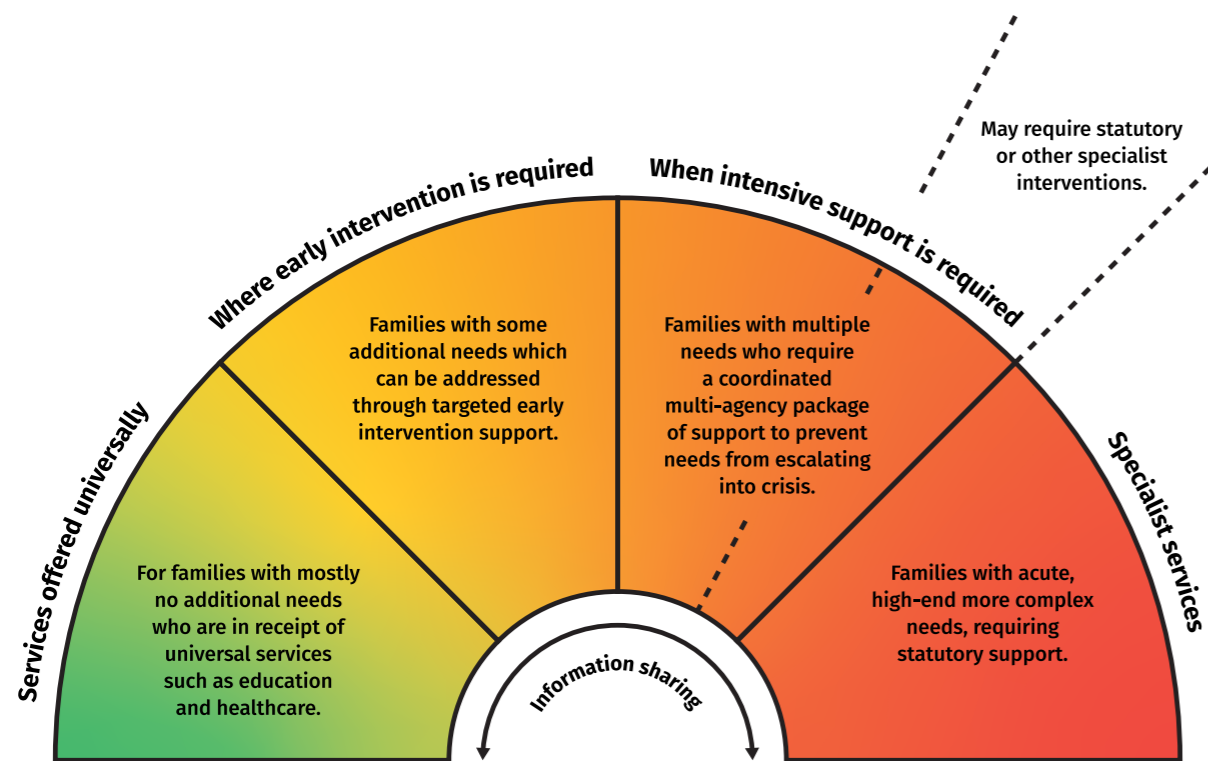
It aims to reduce the escalation of need and inequity by promoting wellbeing from the outset, while also ensuring that support remains locally accessible and responsive as circumstances change. This helps create a more proactive, inclusive and equitable system that meets the evolving needs of children, young people, and families across Cwm Taf Morgannwg.



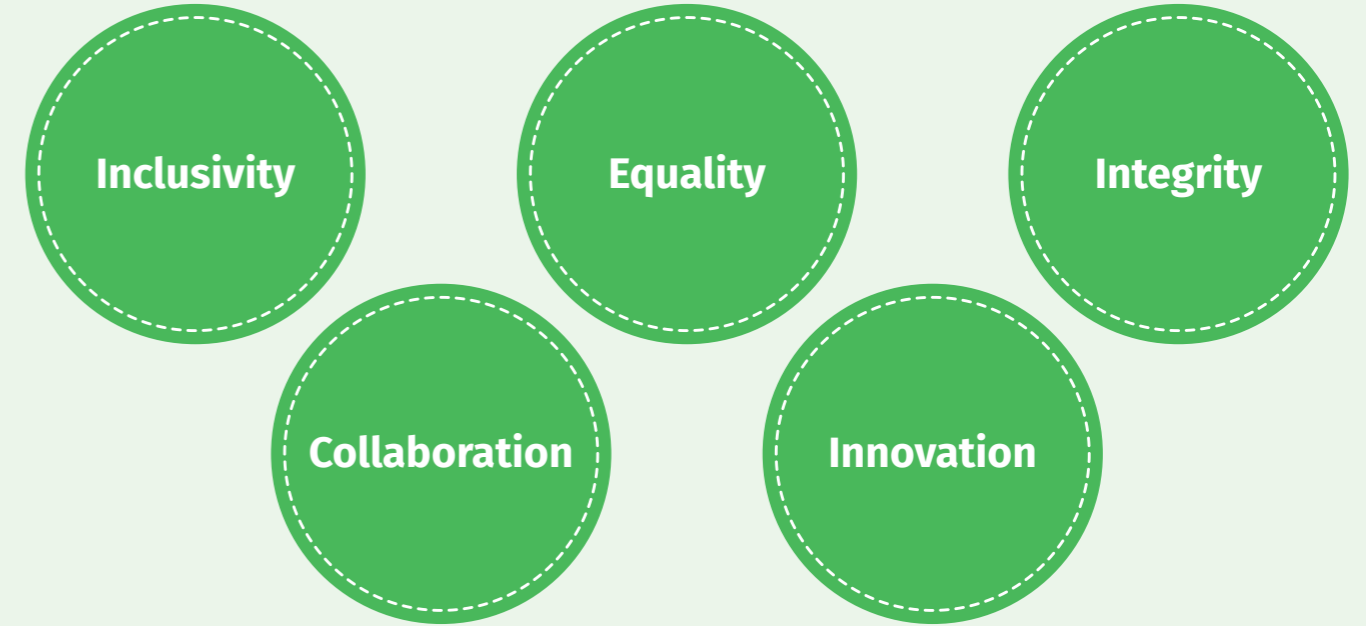


In practice, this will be represented in the following way:

- **Cultivating a strong and sustainable culture of partnership and integration:** Weaving together knowledge, skills and experience to address complex social challenges.
- **Nurturing a skilled, motivated and trauma informed workforce:** Our collective staff teams become trusted adults as key enablers to building trusted relationships with children and families, ensuring they get the support and care they need.
- **Shared purpose:** We have identified key shared priorities, from early years support to transitional care, all rooted in children’s rights and co-production.
- **Ensuring families and their communities have access to support at the right level and time:** It is crucial that parents, carers and communities are well supported to nurture children’s cognitive, physical and emotional milestones. Support will be determined by the following:



Our values



Our strategic principles

We commit to holding ourselves accountable against the following principles. These align and cross-over with our core Regional Partnership values and the ethos of the UNCRC, NYTH/NEST and No Wrong Door approaches.

Child-centred

We are committed to being open and honest, actively listening, and working tirelessly to do our best. Our mission is to always act in the best interests of babies, children, young people, families, and carers, co-producing and empowering the best solutions together.

Collaboration

We take a whole system approach, ensuring all partners and families work together seamlessly. Our aim is to pioneer and enhance services, delivering exceptional care and support.

Integrity

Listening to the voices of babies, children, and young people is at the heart of our mission. We empower their voices in equal partnership, ensuring children's rights are central to everything we do.

Community

We believe in empowering communities to support one another, fostering collaboration and positive change. Our goal is to ensure inclusive, safe, and accessible community spaces and services for everyone.

Togetherness

Innovating together. We strive to support, empower, and enable services for babies, children, and young people, achieving the best possible outcomes and enhancing the experience of growing up in CTM.

Information Sharing

We are dedicated to improving information-sharing processes, ensuring the implementation of a 'no wrong door' policy. This means babies, children, young people, families, and carers will always know where to get help at the right time and place.

Our focus: inclusive support across the lifespan

Our strategy supports babies, children, young people, and families from pre-birth through to age 18. It also extends to young people up to age 25 who have complex needs - such as those with learning disabilities, experiences of trauma, care-experienced young people, and young carers.

We recognise that every child and young person has a unique identity that must be valued and nurtured. We will embrace intersectionality, ensuring that support is responsive to the diverse and evolving needs of individuals at every stage of their development.





Our regional ambitions

We have developed eight ambitions that champion children and young people's rights, respond to their needs, and amplify their voices.

Ambition 01

Enable every family to access high quality early support during the **first 1,000 days**, giving babies the best possible start in life.

Ambition 02

Enable healthy lives and support **children to grow up active, well-nourished and at a healthy weight.**

Ambition 03

Create strong, clear and **accessible neurodevelopmental support** pathways to help children and young people in CTM reach their full potential.

Ambition 04

Expand and improve the range of **emotional wellbeing support**, advice and guidance for babies, children, young people and their families.

Ambition 05

Recognise, understand and strengthen the support available to **young carers** in CTM, empowering them to thrive.

Ambition 06

Develop a diverse range of **regional, accommodation-based solutions** tailored to the needs of children looked after and with complex needs.

Ambition 07

Deliver high quality, **person centred transitional care** for children, young people and their families across CTM.

Ambition 08

Build **seamless integrated partnerships between health, social care and education** services to improve outcomes for children, young people and their families.





➤ Ambition 1 – First 1,000 days

Enable every family to access high quality early support during the first 1,000 days, giving babies the best possible start in life.

(Pre-birth - early infancy)

Current data shows that babies born in the Cwm Taf Morgannwg region have significantly lower life expectancy from birth, in comparison to the Wales average (Public Health Wales, 2025). With some of the highest levels of poverty in Wales, we must focus on the first 1,000 days to give every child a fair start, reduce inequalities and build healthier futures.

This ambition - and wider strategy - reflects the **Early Years Framework for Action created by Public Health Wales**, which calls for regional bodies to ensure that shared values and principles, children's rights and collaboration are central to planning, design and delivery.

“**Parents are struggling and need more support services that they can call on easy.**”

– Parent

“**Being a carer and cared for – everything interlinks. When you're responsible for children it's stressful.**”

– Parent

“**I don't have enough confidence to attend groups alone – I would of liked one to one support to take me into baby groups.**”

– Parent

What we will do

- Support families to make informed choices from conception onwards by providing access to information and services that respond to their needs.
- Support families to stay together by providing early help or access to more intensive services that improve family functioning, and avoid care or family breakdown.
- Support the early years system so that staff, volunteers and families understand the importance of the first 1,000 days and have practical tools and resources that will give children in CTM the best start in life.

Key measures and metrics

- Reduction in rates of low birth weight and pre-term births.
- Parents reporting improvement in confidence, attachment and bonding.
- Increased breastfeeding rates and sustained breastfeeding at 10 days and 6 months.
- Improvement in developmental milestones at the 2.5-year health visitor check.
- Reduction in parent reports of feeling isolated or unsupported during the first year.
- More families supported to stay together safely during pregnancy and infancy.

How we will know we are making a difference and what we expect to see

We will measure the impact of our work during the first 1,000 days by tracking population-level data, service performance, and family feedback.

We want to see families accessing support without stigma, parents feeling more confident and less isolated, and babies born healthier, breastfed for longer, and meeting key milestones.



➤ Ambition 2 – Healthy lives

Enable healthy lives and support children to grow up active, well-nourished and at a healthy weight.

(Early childhood - school years)

Nutrition is vital for cognitive and physical growth, supporting strong immune systems, and preventing childhood malnutrition, illness and obesity. From the very beginning of life, the conditions surrounding a child can have lasting effects. For example Barker's Hypothesis highlights a connection between low birth weight and an increased risk of coronary heart disease in adulthood.

Data shows babies born in Cwm Taf Morgannwg are at a lower birth weight in comparison to other areas of Wales. With poverty as a key contributing factor, it is fundamental parents receive targeted advice, support and care in the prenatal period.

As children grow, the same environmental influences continue to shape their health. Cwm Taf Morgannwg has some of the highest childhood obesity rates in Wales, with 12.9% of 4–5-year-olds affected. These outcomes reflect obesogenic conditions, where the surrounding environment makes it easier to eat unhealthily and be less active.

By addressing these interconnected challenges together, we can create healthier environments that support children and families from pre-birth through to adulthood.



More information on this can be found in Welsh Government's Healthy Weight Healthy Wales strategy here.



Healthier options were always more expensive, and it was nearly impossible to buy enough to feel full on my free school meal allowance. My little sister is still at school and has to buy water as there is no free water available. This eats into her free school meal allowance and means she can only afford the less healthy, cheaper options for her lunch."

– Young person



There is a lack of play activities for under 5 children with additional learning needs."

– Parent

What we will do

- We will provide targeted support and information to families from the prenatal period onwards, promoting healthy nutrition, breastfeeding, and informed infant feeding choices to give every child the best start in life.
- We will encourage healthy lifestyles, activity and play to pre-school and school aged children and young people, addressing healthy eating, physical activity, aiming to prevent childhood obesity.
- We will promote a sustainable pre-school scheme, encouraging healthy eating, physical activity in pre-school settings.

Key measures and metrics

- Reduction in rates of low birth weight and pre-term births.
- Increase in breastfeeding initiation and continuation at 10 days and 6 months and peer support schemes.
- Increase in children and young people participating in daily physical and play based activities, including encouraging access to safe play areas, parks and community facilities.
- Reduction in childhood obesity rates in reception and Year 6.
- Uptake of community and school-based activity programmes including Healthy and Sustainable Pre-School Scheme, Food and Fun and Pipyn.
- More families reporting access to affordable, healthy food.

How we will know we are making a difference and what we expect to see

We will monitor health indicators, service access, and family experiences to understand the impact of our work on healthy growth, diet, and active lifestyles. We hope to see families and communities reporting improved access to affordable food, safe spaces, and support for making healthy choices, with schools and early years settings acting as central hubs for wellbeing. Over time, we expect more children to maintain a healthy weight and to see a reduction in obesity-related conditions, contributing to better overall child wellbeing across CTM.



➤ Ambition 3 – Neurodevelopmental pathways

Create strong, clear and accessible neurodevelopmental support pathways to help children and young people in CTM reach their full potential.

(Early childhood - school years)

People have told us thriving as a neurodivergent young person means meeting emotional, mental health, and educational development needs. However, we know that neurodivergent children and their families often struggle to access timely and appropriate support across health and education services.

During our engagement, people have highlighted the need for greater awareness of sensory needs, improved communication between families and services, and more inclusive educational environments to ensure neurodivergent children are not left behind.

While numbers are decreasing, as of July 2025, 2,800 children and young people were still waiting for a neurodiversity needs assessment, despite some progress.

The CTM Neurodiversity Scoping study, alongside national work including the Welsh Government's Neurodiversity Services Review and the 2024 Lampeter Accelerated Design Event, has emphasised the importance of a systemic, needs-based approach to supporting neurodivergent children, their parents and carers.

“*We have been struggling up and down for a very long time – I now feel more confident in decisions when it comes to school and feel supported.*”

– Parent

“*You're the expert [as the parent] but people don't listen to you. Because you're not a professional you're not seen as an 'expert', but you are an expert in your child.*”

– Parent

“*More education on the neurodiversity needs of children is needed across the whole system for professionals.*”

– Workshop participant

What we will do

- Work towards the aims in the Autism Code of Practice in Wales to ensure we provide effective support services and enhance the right to access resources, for children and families affected by autism.
- Reduce the number of children and young people on the waiting list for neurodevelopmental (ND) assessment and improve overall waiting list times for all.
- Continue to explore, improve and streamline the assessment and diagnosis process.
- Review the recommendations from the CTM 2023 neurodiversity hackathon and Neurodiversity Scoping Review to drive towards a 'neurodiversity friendly CTM'.
- Enhance and improve access to needs-led support services, and clinical assessment and diagnosis if required by working together to develop neurodiversity services in line with Welsh Government targets and local needs.

Key measures and metrics

- Reduction in average waiting time for ND assessment and diagnosis for children and young people.
- More children supported without needing a formal diagnosis through early help offers and community-based ND support.
- Number of schools implementing Individual Development Plans (IDPs) based on presenting needs.
- Monitoring outcomes by age, gender, deprivation and ethnicity.
- Parent and carer satisfaction with the assessment and support process.

How we will know we are making a difference and what we expect to see

To understand the impact of our work on neurodevelopmental support, we will monitor waiting times, access to services, educational outcomes, and family experiences to ensure children and young people receive timely, needs-based support.

We expect to see faster, clearer pathways into support, greater inclusion and understanding of ND children and young people in schools and communities, and recognition of parents and carers as experts in their child's needs. Ultimately, earlier and more responsive support should lead to a reduction in distress and crisis points for families.





➤ **Ambition 4 – Emotional Wellbeing Support**

Expand and improve the range of emotional wellbeing support, advice and guidance for babies, children, young people and their families.

(Childhood - adolescence)

While local authority-led initiatives such as Flying Start and Families First focus on babies, children aged 0–7, and their parents, many older children and young people continue to face challenges.

Services such as Early Help Hubs, Resilient Families, SHINE (Schools Inreach Emotional Wellbeing Services), in-school counselling, and emotional literacy support assistants offer essential assistance. However, referrals to CAMHS (Child and Adolescent Mental Health Services) continue to be elevated, with 1254 referrals recorded in 2024/2025.

This highlights a persistent gap in meeting the mental health needs of young people and underscores the importance of strengthening early intervention and community-based support.

“ **It’s good to have a voice.” – Parent**

“ **If you’re getting upset, and emotional it’s easier to hide it. Don’t want to make other people feel awkward.”**
– Young person

“ **Friends are important you spend most of your time with them.”**
– Young person

What we will do

- Strengthen early intervention and community-based emotional wellbeing services to ensure children and young people receive timely support before needs escalate - this includes expanding access to therapeutic support, reducing waiting times, and implementing integrated models like the SPACE Wellbeing approach for those who fall below CAMHS thresholds.
- Embed trauma-informed and child-centred practices across health, education and social care, empowering families and professionals to foster resilience and emotional wellbeing - this involves increasing practitioner training, promoting whole-school approaches, and improving coordination with regional adult services to support whole-family wellbeing.

Key measures and metrics

- Reduction in inappropriate CAMHS referrals.
- Promote the use of Safe Spaces and community-based wellbeing hubs.
- Individuals and families accessing emotional and wellbeing support.
- Number of practitioners trained in trauma informed and child-centred practice.



How we will know we are making a difference and what we expect to see

Positive emotional wellbeing is key to lifelong health and resilience. We will measure progress through service use, workforce capacity, and the lived experiences of children and young people. Over time, we expect to see stronger trauma-informed support across CTM, fewer crisis presentations at A&E, and children and young people developing greater resilience and coping strategies.





➤ Ambition 5 – Young Carers

Recognise, understand and strengthen the support available to young carers in CTM, empowering them to thrive.

(Typically emerging in late childhood - adolescence)

Young carers - children and young people under 18 who provide regular care for a family member with illness, disability, or substance misuse - face significant barriers to education, wellbeing, and development. With the average age of a young carer just 12 years old, balancing these responsibilities with education, friendships, and personal development can lead to disrupted learning, social isolation, and emotional stress.

In Cwm Taf Morgannwg, an estimate 2500 young carers live in our communities. However, many remain hidden, and their needs go unmet without proactive identification and engagement. It is essential that we continue to prioritise their wellbeing - ensuring access to education, mental health support, and social opportunities, while strengthening transitions between children's and adult services.

By listening to young carers and embedding their voices in service design, we can create a more inclusive and responsive system that nurtures their health, growth, and potential.

“ *When I ask friends do you do chores they look at me funny but in this group they all know what I'm going through.*”

– Young carer

“ *I go down to the shops for my dad because he finds it hard to walk.*”

– Young carer

“ *Giving a voice to those unheard can always help, its certainly helped me.*”

– Young carer

What we will do

- Increase social and peer support opportunities for young carers, including respite opportunities.
- Increase identification of young carers by schools, health and social services and enhance information sharing between agencies to coordinate support.
- Increase community awareness of the needs of young carers.

Key measures and metrics

- School policies supporting young carers.
- Uptake of respite and peer support.
- Increased identification by services.



How we will know we are making a difference and what we expect to see

We will track indicators such as education, wellbeing, access to support, and social opportunities. We aim for young carers to feel recognised and supported, with a better balance between their caring responsibilities and education. Over time, we expect to see reduced isolation and stronger social networks that help protect their wellbeing.





➤ **Ambition 6: Children's Residential Homes**

Develop a diverse range of regional, accommodation-based solutions tailored to the needs of children looked after and those with complex needs.

(For children looked after and for children with complex emotional and physical needs)

Every child has the right to a warm, loving and safe home to grow up in.

For care experienced children and young people, having a stable and nurturing place to live provides space to feel safe, express who they are, and build trusting relationships with those around them.

There are currently 1,180 Looked After Children living in Cwm Taf Morgannwg, which is higher than the Wales average.

While Corporate Parents, based in Local Authorities, have a duty to provide sufficient and suitable homes, it is vital we work together as housing, third sector and community partners to ensure children and young people have access to a home that offers the right support and care.

The Welsh Government has set out plans to transform children's services by 2030, including a commitment to eliminate profit from residential care homes.

“ *I love it here I don't want to move , I like the staff especially.*”
– 13-year old

“ *I really like all the staff at the home and like living here. It feels like home.*”
– 12-year old

What we will do

- Support Local Authorities to meet their sufficiency duties to develop not for profit models of residential care, under the 'Eliminate Profit' agenda.
- Develop a regional residential care home for children with complex emotional needs available for children who live across Rhondda Cynon Taf, Bridgend and Merthyr Tydfil.
- Further explore opportunities to develop a regional respite facility for children with complex physical disabilities and needs, to provide respite for their carers.

Key measures and metrics

- Number of not-for-profit homes developed.
- Reduction in out-of-county placements.
- Increased respite provision.
- Placement stability and child feedback.

How we will know we are making a difference and what we expect to see

We will measure progress by tracking the development of in-county residential homes and improvements in placement sufficiency, stability, and care quality. Our aim is for more children to live closer to home, experience greater wellbeing and stability, and for families to feel better supported.





➤ Ambition 7 – Transition Arrangements

Deliver high, quality person centred transitional care for babies, children and young people and their families across CTM.

Every stage of a child’s life must be nurtured, supported and recognised as being an important step in their development, health and wellbeing.

For children with complex care needs, transition can be a greater challenge, as every milestone - such as starting school, transitioning between educational environments, entering adolescence, or preparing for independence - can introduce new uncertainties and obstacles.

We can create a trauma-informed and equitable system by learning from good practice, focusing on increased resilience, and providing timely and suitable interventions.

By working together, we can support children and young people to reach their full potential, engage meaningfully in communities, and feel a sense of belonging and security.

“ I didn’t get any early planning just got told 6 months before being 18 that I would be moved over.”

– Young person

“ Navigating the system and access to the right information is not easy.”

– CTM carer

What we will do

- Strengthen transition planning between children’s and adult services by embedding early, coordinated approaches that ensure young people and their families are supported through every stage of change.
- Encourage and support Self-Advocacy to empower children, young people and their families so that they have the confidence to speak up and navigate their own transition - ensuring they have the right skills and knowledge.
- Ensure regional working practices are supporting children who are facing complex emotional or behavioural dysregulation, trauma and physical disabilities.

Key measures and metrics

- Percentage of young people with a transition plan in place by Year 9.
- Number of joint planning meetings involving both children’s and adult services.
- Uptake of advocacy and Self-Advocacy opportunities.
- Young people’s satisfaction with their transition experience.

How we will know we are making a difference and what we expect to see

We will measure progress by monitoring planning, family involvement, continuity of care, and outcomes in early adulthood. Our goal is for children and young people - especially those with complex needs - to experience smoother, well-supported transitions and feel included in decision-making. Over time, more young people should move confidently into adulthood with improved long-term outcomes.





➤ Ambition 8 – Health, social care and education partnerships

Build seamless partnerships between health, social care and education services to improve outcomes for Children, young people and their families.

(Cross-cutting ambition enabler)

A strong, integrated partnership between health, social care, and education is essential to improving outcomes for children and young people across the life course.

Wellbeing in education is central to this. All educational settings - from early years to post-16 - play a critical role in supporting mental health. The Welsh Government's Framework on Embedding a Whole-School Approach to Emotional and Mental Wellbeing calls for a shared vision, integration of wellbeing into daily practice, strong partnerships with families and services, and continuous evaluation shaped by lived experience.

It is therefore important we strengthen the whole-system approach to support for children and young people across education and health settings. Aligned with the NYTH/NEST Framework, this approach recognises that improving outcomes requires collective action across education, health, social care, and third sector partners.

“ I don't want to go to school because people are mean.”
– Primary school aged child

“ Bring services to where we are like schools, colleges and youth services.”
– CTM Young Person C-Card scheme evaluation 2025

“ We need more relevant and up to date knowledge about topics important to us.”
– CTM Young Person C-Card scheme evaluation 2025

What we will do

- Build the infrastructure for effective partnership working by developing a health and education steering group with shared priorities for action.
- Support all maintained schools to align their priority areas and action plans with the Whole School Approach to Emotional and Mental Wellbeing Statutory Framework.
- Roll out the NYTH/NEST Framework and principles within health settings, encouraging a 'No Wrong Door' approach.

Key measures and metrics

- Development of a regional health - education delivery plan.
- Increase in schools adopting the Whole School Approach to Emotional Wellbeing.
- Improved attendance and attainment level at school.

How we will know we are making a difference and what we expect to see

Partnership is key to improving outcomes for children and families. We will monitor how well agencies align resources and practices through joint projects, shared goals, and family experiences. Over time, we expect children and families to experience a more joined-up system, with schools acting as safe, supportive hubs and professionals working together under the No Wrong Door approach.



How we will deliver our strategy

We believe in the power of partnership to deliver 'Whole System: Whole Heart'. Building trust, aligning around shared purpose, and creating enabling environments are essential foundations for this work.

Our framework - 'The Golden Thread' - reflects the value of every person's skill, experience, and knowledge. When woven together, these contributions form a strong, sustainable partnership between professionals and communities, united in support of children, young people, and families.

The Golden Thread framework is underpinned by three drivers:

Inform:

Ensuring those involved in partnership working are informed of their roles and responsibilities, and have a shared purpose.

Involve:

Ensuring babies, children, young people, their families, carers and professionals are meaningfully involved in decisions – this aligns with the core principles of co-production.

Inspire:

Recognising the value of partnership working and sharing learnings to create a more equitable environment.

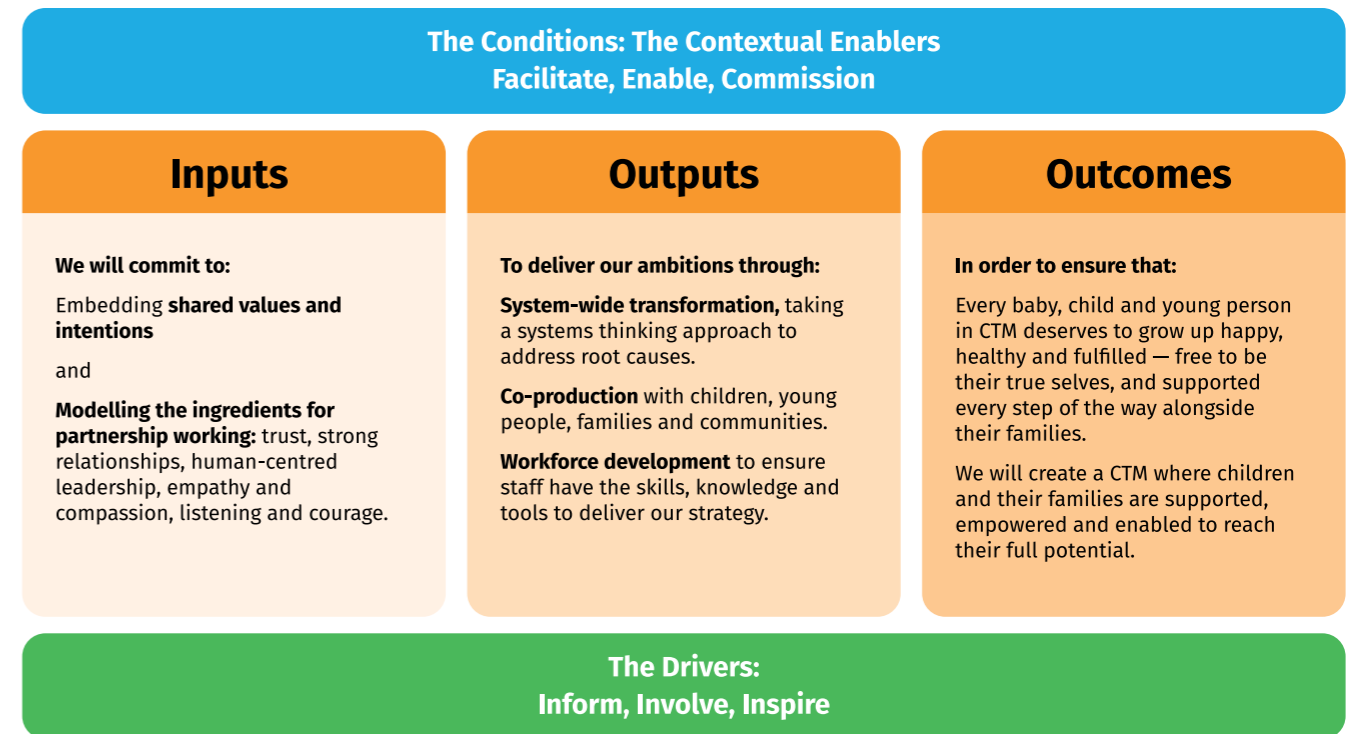


More information on The Golden Thread can be found here.

The diagram below represents how, if the right conditions are created, we can achieve better outcomes.



The Golden Thread theory of change:



How we measure impact

To measure impact against this strategy, we use the CTM Comprehensive Performance Framework.

The framework is centred around one overarching outcome and four subsequent strategic outcomes statements:



Experience good wellbeing

Individuals will access proactive, timely and holistic health and social care services that support their physical, mental and emotional health.



Live safely and stay connected

Communities will benefit from integrated services promoting safety, inclusion and meaningful social connections.



Maintain healthy lifestyles

People will be empowered with information, education and community programmes encouraging sustained healthy choices.



Live independently with support

People needing additional care will have tailored services designed to maximise their independence and dignity within their homes and communities.



Governance arrangements

Delivery and oversight of this strategy is the responsibility of the Cwm Taf Morgannwg Regional Children's Board, which will report progress against this strategy on an annual basis to the Cwm Taf Morgannwg Regional Partnership Board.

The Regional Children's Board will monitor progress towards our strategic aims, and annually review whether its strategy priorities are still correct, working with children and families as well as partnership data.

For more information on the Cwm Taf Morgannwg Regional Partnership please visit:

www.ctmregionalpartnershipboard.co.uk



Weaving Strong Partnerships in Cwm Taf Morgannwg

Whole System: Whole Heart

2025-2030 strategy



For more resources please visit:

ctmregionalpartnershipboard.co.uk/childrenstrategy



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