

Regional Integration Fund - Two-page profile

Ambition 2 (PR017)

This profile shows the high-level details relates to the annual proposal, monitoring and evaluation, including indicators, performance measures, expenditure and the impact for service users.

Overview/summary of the programme

The Community Health and Wellbeing Teams (CHWTs) represent an innovative approach within primary care, integrating multiple disciplines to provide holistic, anticipatory care for patients with complex health and social needs. Funded by the Regional Integration Fund, these teams include professionals from health, social care, and the third sector, collaborating to support the most resource-intensive patients in GP practices. By doing so, CHWTs aim to alleviate the strain on general practice and secondary care services.

CHWTs aim to provide a seamless, integrated care model that not only addresses immediate health concerns but also promotes long-term health and independence for patients with complex needs. By doing so, they contribute to the sustainability of healthcare systems and improve the quality of life for patients.

RIF deliverables:

Primary model of care:

Prevention & Community Co-ordination

Enablers:

Integrated planning and commissioning

Workforce development and integration

Technology and digital solutions

Priority population group/s:

Older people

Regional approach:

The programme is delivered by local authorities, CTM UHB, and third sector partners and is currently operating in MT and RCT only.

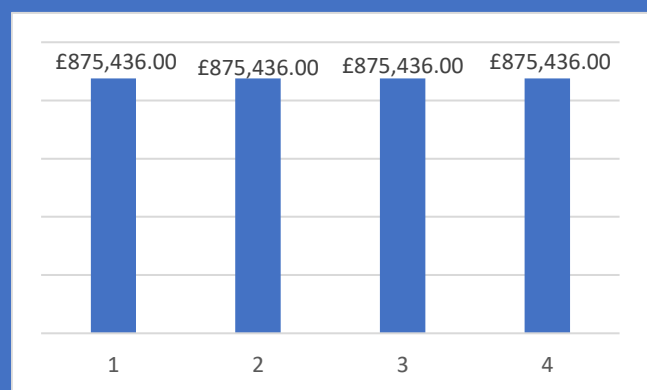
Priority (Linked to Area Plan)

Older people and people with dementia will enjoy good health and wellbeing and supported to live independently for longer.

Older people and people with dementia will receive the support they need to remain in their home for as long as possible, or to move back home as quick as possible following a hospital admission.

People with dementia and their families will have access to the information, advice and guidance that they need.

Project expenditure – £3,501,744 (2023/24 FY)



Projects/partners supporting delivery:

CTM UHB
Care and repair
Community organisations
RCTCBC
MT CBC
Voluntary sector

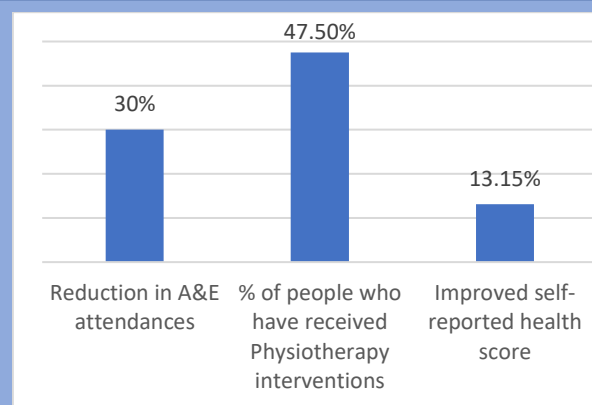
Summary of expenditure:

The funding received from RIF is a contribution towards the delivery of a larger range rehabilitation support services operating across the whole region. The funding provided during 2023/24 was fully utilised during the year.

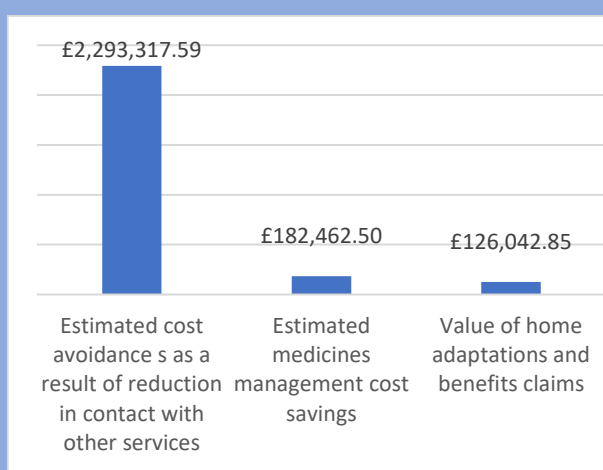
Programme outputs (annual figures):
(includes additional outcome measures)

No of people accessing CHWT	9500
No accessing the MDT	1327
No direct access to MH Practitioners	5101
No direct access to Wellbeing Coordinators	446
No direct access to care and repair	195
No direct access to OT	118
No of times people were signposted to the third sector	1744
No of ACP sessions delivered	301
Estimated hours of service provide	22449

Programme outcomes: (primary measures)
(Numbers)



Programme outcomes: (primary measures)



Performance overview: (summary)

The CHWT have significantly improved health care access and outcomes. Serving 9,500 individuals, the CHWT have facilitated direct access to multidisciplinary care, with 1,327 accessing the MDT and 5,101 receiving mental health support. Specialised services such as wellbeing coordination, care and repair, and occupational therapy have supported hundreds of patients, while 1,744 were referred to third-sector services. Preventive measures include 301 Advance Care Planning sessions and widespread physiotherapy interventions, benefiting 47.5% of patients. The CHWT have delivered 22,449 hours of service, achieving a 30% reduction in A&E attendances and a 13.15% improvement in self-reported health scores. Financially, the program has realised cost avoidances of £2,293,317 and medicines management savings of £182,462. Home adaptations and benefits claims valued at £126,042 further support patient independence.

Impact of the programme (qualitative):

- **Resource efficiency and cost savings:** Demonstrated considerable cost savings, with an estimated £2,293,317 in cost avoidances and £182,462 in medicines management savings. These savings highlight the programme's efficiency and its positive impact on the health system.
- **Preventive and proactive interventions:** By focusing on preventive measures, such as ACP sessions and physio interventions, the CHWT help manage chronic conditions more effectively and prevent health crises, reducing the need for emergency care.
- **Holistic and coordinated care:** The CHWTs offer a comprehensive, multidisciplinary approach, addressing the physical, mental, and social health needs of patients. This model ensures that patients receive cohesive and continuous care tailored to their individual circumstances.
- **Community integration:** Strong links with third sector and other community services ensure that patients receive comprehensive support, enhancing their ability to live independently and improving their quality of life

Recommendations:

Continue funding for the Programme.

The programme has evidenced positive outcomes for the people it supports and their carers/family's but has shown a reduction in outcomes over the past few years. The whole programme is a key element of RIF and will form part of future plans around the delivery of the 2 new pathways. It will be an integral part for supporting people to remain independent, safe at home and home from hospital following an admission.

Additional considerations: