# Regional Integration Fund - Two-page profile

## *Community support programme (PR005)*

This profile shows the high-level details relates to the annual proposal, monitoring and evaluation, including indicators, performance measures, expenditure and the impact for service users.

### Overview/summary of the programme

The Programme primarily focuses on supporting adults and older people, in their communities, by providing information, advice, support, and connections to local activities and services. Its aims are to improve wellbeing and independence, reduce social isolation and loneliness, and decrease hospital admissions. By promoting preventative measures and easing pressure on Primary Care services, it contributes towards the wider health and social care system.

The Programme supports the D2RA model, enabling patients to recover at home and reconnect with their communities. This holistic, non-clinical support approach contributes to long-term outcomes and sustainability within Health and Social Care systems. It empowers individuals and their families to maintain independence, preventing early access to costly services.

Community Hubs play a central role, offering essential information, advice, and assistance, helping individuals manage their health and wellbeing. These hubs align with the Social Services and Wellbeing Act of 2014, demonstrating a commitment to creating a supportive environment for our communities.

### RIF deliverables:

**Primary model of care:**

Prevention and community coordination

**Enablers:**

Promoting the social value sector

Integrated community hubs

Workforce development and integration

**Priority population group:**

Older people

**Regional approach:**

The programme is delivered by multiple partners across the region including the statutory and third sector. RIF funding contributes towards a much larger investment from statutory partners. It is an integrated programme that works closely with partners from across all sectors.

### Priority (Linked to Area Plan)

Older people and people with dementia will be supported to engage in their local community and have a quality of life where loneliness is minimised.

Older people and people with dementia will enjoy good health and wellbeing and supported to live independently for longer.

Older people and people with dementia will receive the support they need to remain in their home for as long as possible, or to move back home as quick as possible following a hospital admission.

Older people and people with dementia will be able to participate in, contribute towards and access services within their communities.

### Project expenditure – £615,221 (2023/24 FY)



### Projects/partners supporting delivery:

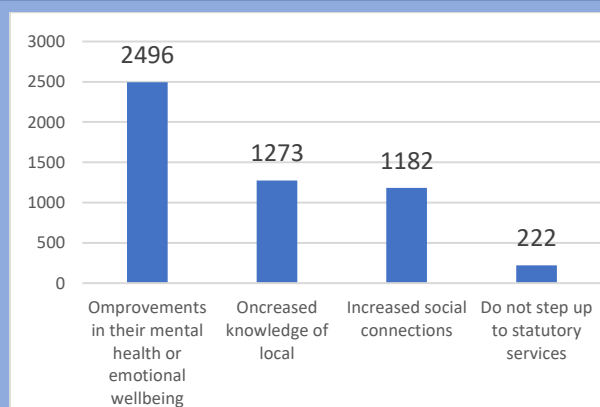| |
|---|
| CTM UHB |
| Local authorities |
| PHW |
| Third sector |
| Community providers |
| SWP |
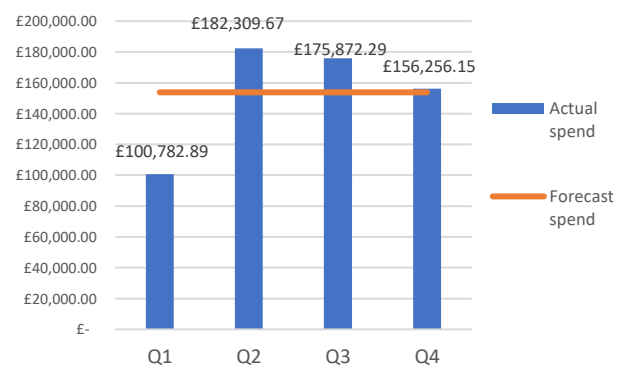
### Summary of expenditure:

The funding received from RIF is a contribution towards the delivery of community-based services operating across the region. The funding provided during 2023/24 was fully utilised during the year.
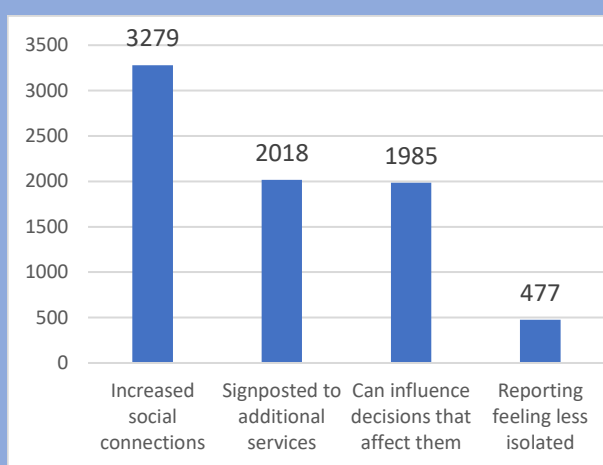
## Programme outputs (annual figures):
*(includes additional outcome measures)*

| | |
|---|---|
| No of referrals | 5926 |
| New people accessing support | 1458 |
| Prevention and wellbeing meetings | 148 |
| People attending | 1088 |
| Organisations trained | 239 |
| Supported to attend specific groups | 960 |
| Aware of volunteering opportunities | 231 |
| | |
| | |

## Programme outcomes: (primary measures)
*(Numbers)*

Bar chart:
- Omprovements in their mental health or emotional wellbeing: 2496
- Oncreased knowledge of local: 1273
- Increased social connections: 1182
- Do not step up to statutory services: 222

## Programme outcomes: (primary measures)

Bar chart:
- Increased social connections: 3279
- Signposted to additional services: 2018
- Can influence decisions that affect them: 1985
- Reporting feeling less isolated: 477

## Performance overview: (summary)

The Programme received a significant number of referrals, indicating high demand for its services within our community's. Nearly half reported improvements in their mental health and emotional well-being, demonstrating the effectiveness in addressing mental health issues and supporting individuals in achieving better emotional well-being. Over a thousand people gained increased knowledge of local services, highlighting successful efforts in connecting individuals with resources and support within their communities. A notable number did not escalate to statutory services, reducing demand for higher-level interventions. A significant number experienced increased social connections, highlighting the impact on combating social isolation and promoting community engagement. More than half were successfully signposted to additional support services, indicating the programme's ability to connect individuals with appropriate resources beyond its own scope.

Other achievements include:

- Success in promoting self-advocacy and empowering individuals to take control of their lives.
- People reported feeling less isolated after engaging with the Programme, indicating positive outcomes in addressing social isolation and loneliness.

The Programme demonstrates effectiveness in addressing a range of needs within our community, including mental health, social connections, access to services and social isolation. The information provided reflects success in improving the well-being and quality of life for individuals.

## Impact of the programme (qualitative):

1. **Improved Well-being:** People report higher levels of well-being and satisfaction, indicating that the support has positively affected their quality of life.
2. **Enhanced Community Engagement:** Fostering stronger community connections and engagement, empowering people to actively participate in shaping and contributing to community development initiatives.
3. **Increased Access to Support Services:** Through partnerships and coordination efforts, expanded access to support services, ensuring people have access to the resources they need.
4. **Empowerment and Resilience:** Demonstrated increased resilience and self-reliance, as evidenced by their active participation in community workshops and initiatives aimed at building skills and fostering a sense of community.
5. **Trust and Reputation:** Commitment to delivering quality support services has earned trust and recognition within our communities, establishing a reliable and valued resource for people in need.

Overall, the impact of the programme is reflected in the positive experiences and outcomes reported by people accessing support, as well as the tangible improvements observed in community well-being and engagement.

## Recommendations:

Some potential recommendations to consider:

- Continue funding on current levels.
- Explore opportunities to increase funding or reallocate resources to address growing demand for community-based support.
- Invest in training for other services to enhance their skills and increase resources to meet growing demand.
- Strengthen links with hospitals to further develop and support the discharge process for those returning to their community.
- Potential for new specialist posts within communities to address growing demand in areas such as dementia, mental health and ASD.