



Cwm Taf Morgannwg
Bwrdd Partneriaeth Rhanbarthol | Regional Partnership Board

DEMENTIA PRIORITY AREAS:

Dementia Connectors

Being connected into your community and the services you need is vitally important.

To do this we are piloting the role of a dementia connector across our region to support people to make the connections into services and their community to help their health and wellbeing.



WHAT IS IMPORTANT TO PEOPLE WITH DEMENTIA?

People with dementia and their carers told us that they needed help to get what they needed following their diagnosis.

They want to be connected into the services and the communities that can help them stay independent and have good physical and mental health.

"I hate the term self-help. I need help to know how to help myself. You don't know what you don't know."

WHAT WE WILL DO TOGETHER:

We want to improve people's experience following a dementia diagnosis. We worked with our communities to identify what the dementia connector role needed to deliver across our region.

We aim to meet this by:

- Employing a number of dementia connectors across Cwm Taf Morgannwg (will be run as a pilot initially).
- Evaluating the role with people affected by dementia to improve their experiences.
- Supporting people to plan for their future health and social care needs.

We will continue to work with our communities to evaluate the role and make any changes needed as a result.

WHAT DIFFERENCE WILL THIS MAKE?

A dementia connector will make sure:

1. People are connected to local support networks (which may include peer support).
2. People are able to access financial and practical advice and information on what adjustments could be made to their lifestyle or environment to help them remain as fit and healthy as possible.
3. People are able to plan for later life.
4. People are connected to other types of support available around them.



“ PEOPLE SAID

You can't have good support without information on what people need from their perspective."