



Cwm Taf Morgannwg
Bwrdd | Regional
Partneriaeth | Partnership
Rhanbarthol | Board

ADULTS AND OLDER PEOPLE PRIORITY AREAS:

Staying Well at Home

For older people to remain well at home for as long as possible.

We want older people and people living with dementia to receive the support they need to remain in their homes for as long as possible or return home quickly following a hospital admission.

To achieve this, we will work towards:

- Improving the continuity of health and social care services delivered to older people.
- Improving choice and a sense of control when it comes to how, where and when they receive support from services.
- Improving access to relevant information so older people are aware of the support available before needs escalate.



WHAT IS IMPORTANT TO OLDER PEOPLE?

Older people would like support to make choices where possible, so they feel they have a sense of control and ownership over their lives.

They would like to be involved in conversations when they are being discharged from hospital, so they can ensure the necessary plans are in place to aid transition back home.

They would like more support to stay well at home, including accessible information about support available, and specialist local services to meet needs.

WHAT WE WILL DO TOGETHER:

- Implementation of a Regional Optimum Model for Cwm Taf Morgannwg.
- Further develop and implement our integrated approach to meeting the care and support needs of older people.
- Develop and implement regional approach to Falls Prevention.
- Expand Trusted Assessor Models.
- Deliver the ambition of 'Further Faster' to build an Integrated Community Care Service for Wales.
- Support further community hub developments.

WHAT DIFFERENCE WILL THIS MAKE?

- Reducing unscheduled care admissions for people over 65.
- Reducing the time spent in an acute hospital setting following an unscheduled care admission for people over 65.



PEOPLE SAID

How will I fund the support I need?"

"Home is not the same – the space has changed."