



Cwm Taf Morgannwg
Bwrdd | Regional
Partneriaeth | Partnership
Rhanbarthol | Board

ADULTS AND OLDER PEOPLE PRIORITY AREAS:

Community Services

For services to be accessible for older people within their communities.

We want older people and people living with dementia to participate in, contribute towards and access services within their communities.

To achieve this, we will work towards:

- Improving the accessibility of health and social care services within communities across our region.
- Developing inclusive communities, providing more opportunities for older people to participate in activities.
- Improving sharing of information and increasing the number of social opportunities available to older people.

WHAT IS IMPORTANT TO OLDER PEOPLE?

Older people would like to know what is happening in the local community through good and accessible information, and support in getting to activities through better transport links.

WHAT WE WILL DO TOGETHER:

- Our ambition is to shift services out of hospitals to communities, and we want more services which stop people getting ill by detecting things earlier, or preventing them altogether. This will include helping people manage their own health, and manage long-term illnesses.
- Support individuals to remain active and independent engaging with voluntary sector partners.
- Continue to support social prescribing and wellbeing support.

WHAT DIFFERENCE WILL THIS MAKE?

- People remain active and independent in their homes and communities.



“ PEOPLE SAID

It's time for me again.
I have a lot to give."

"We recognise the challenges and need to come up with different solutions."