



Cwm Taf Morgannwg
Bwrdd Partneriaeth Rhanbarthol | Regional Partnership Board

ADULTS AND OLDER PEOPLE PRIORITY AREAS:

Community Engagement

For older people to have opportunities to get involved in community activities.

We want older people and people living with dementia to be supported to engage in their local community and have a quality of life where loneliness is minimised.

To achieve this, we will work towards:

- Improving social connectedness and encouraging intergenerational positive relationships.
- Ensuring older people and carers feel valued and listened to when accessing services, support and activities.
- Creating more accessible community activities for older people, and those with sensory loss, physical disabilities or mobility issues.
- Ensuring older people have access to information and advice about services and opportunities.



WHAT IS IMPORTANT TO OLDER PEOPLE?

Older people would like to see free and warm community based support and activities delivered through hubs and third sector organisations.

They'd also like to see more opportunities for intergenerational mixing which may help to tackle loneliness and isolation for all age groups.

WHAT WE WILL DO TOGETHER:

- Scope available services and identify gaps.
- Co-produce solutions to meet identified needs.

WHAT DIFFERENCE WILL THIS MAKE?

- Older people feel more connected within their communities.
- Reduced loneliness and isolation.
- Increased take-up of activities and support.



“ PEOPLE SAID

I am more than my support needs, talk to me and listen. Don't make assumptions, accept I can make my own decisions."