



### PEOPLE SAID

We need support for parents to understand how to get the support they need for their children...there should be more events that include children with additional needs so that they aren't singled out."

### **NEURODIVERSITY PRIORITY AREA:**

# **Access & Support**

Improving access to services and support for neurodivergent people and their families.

We want to ensure neurodivergent children, young people and adult are supported to live happy and healthy lives, and fulfil their potential.

## WHAT IS IMPORTANT TO NEURODIVERGENT PEOPLE AND THEIR FAMILIES?

Neurodivergent people and their families want to receive timely diagnosis, advice and support that meets their individual needs.

Neurodivergent people, their families and carers can experience poor mental health and wellbeing if they do not feel understood or listened to. They want to feel connected to people who are in similar situations, and receive the right help to navigate often complex systems.

They'd like schools, workplaces and communities to be more aware of neurodiversity, and adapt to meet the needs of neurodivergent people so they can live, learn and work to the best of their abilities.

### WHAT WE WILL DO TOGETHER:

- Review capacity and demand to provide and maintain the sustainability of appropriate support services to support neurodivergent people.
- Reduce the number of people waiting for a diagnostic assessment.
- · Review support pre and post-diagnosis.
- Improve child-to-adult transition services.
- Carry out more analysis to plan for the needs of the population living in the region.
- Develop an ASD Strategic Board to broaden the scope to wider neurological conditions.

### WHAT DIFFERENCE WILL THIS MAKE?

- · Better access to support.
- · Reduction in escalating needs.