

Oeddech chi'n gwybod bod rhywbeth ar waith i wella **gofal** a **chymorth dementia**?

Fel Bwrdd Partneriaeth Rhanbarthol rydym yn dod â phobl ynghyd i wella iechyd, gofal cymdeithasol a lles ar draws Rhondda Cynon Taf, Pen-y-bont ar Ogwr a Merthyr Tudful

Rydym am sicrhau bod pobl sy'n byw gyda dementia, eu gofalwyr a'u teuluoedd yn llywio penderfyniadau sy'n effeithio ar eu bywydau.

Bellach mae set o 20 safon ar waith o'r enw 'Llwybr Safonau Gofal Dementia Cymru Gyfan'.

Mae'r rhain wedi'u creu gan Gwelliant Cymru, **ynghyd â phobl sy'n byw gyda dementia, gofalwyr proffesiynol iechyd a gofal cymdeithasol.**

Rydym am ddod ynghyd â phobl sy'n byw gyda dementia, gofalwyr, teuluoedd a'r rhai sy'n gweithio ym maes iechyd a gofal cymdeithasol, i sicrhau bod y safonau'n cael eu bodloni ym Mhen-y-bont ar Ogwr, Merthyr Tudful a Rhondda Cynon Taf.

Mae gan bob un ohonom gyfrifoldeb ar y cyd am wneud yn siŵr bod pobl â dementia yn cael profiad cadarnhaol o dderbyn gofal a chymorth.

Os ydych chi'n byw gyda dementia neu'n gofalu am rywun â dementia, hoffem glywed eich stori a'ch syniadau fel y gallwn wneud pethau'n well yn y dyfodol.

Os ydych chi'n gweithio mewn gwasanaethau dementia neu wasanaethau sy'n cefnogi pobl â dementia,

mae angen i chi fod yn rhan o hyn er mwyn i chi allu rhannu eich profiadau a'ch syniadau.

Os ydych chi'n byw neu'n gweithio ym Mhen-y-bont ar Ogwr, Merthyr Tudful neu Riondda Cynon Taf

mae angen eich cefnogaeth arnom ni i gyfleu'r neges, fel y gallwn ni i gyd weithio gyda'n gilydd i greu amgylchedd gwell i bobl sy'n byw gyda dementia.

Ymunwch â ni i lunio'r ffordd y mae gofal a chymorth yn edrych ar gyfer pobl â dementia, gofalwyr a'u teuluoedd.

Pan fyddwn ni i gyd yn dod at ein gilydd, rydyn ni'n gwneud pethau'n well i bawb

Evch i www.ctmregionalpartnershipboard.co.uk/cy/ymgyrch-dementia i ddarganfod mwy



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Did you know there is something in place to make dementia care and support better?

As a Regional Partnership Board we bring people together to improve health, social care and wellbeing across Rhondda Cynon Taf, Bridgend and Merthyr Tydfil

We want to ensure people living with dementia, their carers and families are shaping decisions that affect their lives.

There is now a set of 20 standards in place called the 'All Wales Dementia Care Pathway of Standards'.

These have been created by Improvement Cymru, **together with people living with dementia, carers health and social care professionals.**

We want to come together with people living with dementia, carers, families and those working in health and social care, to ensure the standards are being met in Bridgend, Merthyr Tydfil and Rhondda Cynon Taf.

We all have a shared responsibility for making sure that people with dementia have a positive experience of receiving care and support.

If you're living with dementia or caring for someone with dementia, we'd like to hear your story and ideas so we can make things better in the future.

If you work in dementia services or services that support people with dementia, you need to be part of this so you can share your experiences and ideas.

If you live or work in Bridgend, Merthyr Tydfil or Rhondda Cynon Taf we need your support in getting the message out there, so we can all work together to create a better environment for people living with dementia.

Join us in shaping the way care and support looks for people with dementia, carers and their families.

When we all come together, we make things better for everyone

Visit www.ctmregionalpartnershipboard.co.uk/dementiacampaign to find out more.



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