



Engaging with our communities



Making sure that there community voice is at the centre of our Population Needs Assessment



People having the chance to share their experiences



It is important that people who live in the community are given the chance to tell us what they think and how they feel.



Listening to real life stories helps us to understand what support is needed and how services should run and make a difference to people's lives.



We want people to feel able to take part in shaping and improving services.



We have been finding out what is difficult about communication and taking part in services and how we can change it.



This is what we found out:

Self-advocacy should always be first

It is important we find ways for people to share their experiences. To be listened to and heard!



A one size fits all leaves people out!

Communication and taking part activities need to be in a way that person understands and is happy with.



We need to work with as many people in community as we can

We want to hear from people who may not usually give their views about services. This is so we get a good idea of who lives in our communities and what affects them.



We need to understand people in our communities

We need to make sure that people understand information and make it accessible.

Eg in easy read, using a translator



Involve

People's views making a difference

We need to involve people and working together to make a difference in their lives.

Ways to involve people

There is a 'toolkit' if you would like to find new ways of working with people.

I would like a toolkit



Working with Children and Young People

Children and Young People were asked to take part in a day to make a film, write a song, design a poster about what mental health and well being means to them.





Read more



Population Needs Assessment is a questionnaire that is sent out to people living in a certain area to find out what is important to them and what needs to change to make their health and well being better.